

Volleyball Policies and Rules of Conduct

This must be signed and turned in at tryouts.

It is our policy to teach ladies who are not only talented, but who also reflect positively on the team and the school as a whole. In this statement we include grades, class conduct, school sponsored events, and overall behavior on and off of the court. You are part of a TEAM and as such, your conduct is a reflection on your teammates, your coaches, and this school. Although having a winning team is our ultimate goal, we will not keep players who cannot comply with our rules (regardless of the short-term consequences). There are NO exceptions to this policy. Our coaching staff makes the final decisions in relationship to conduct and discipline.

Rules:

1. Be on time!!!!!!!!!!!!!!!!!!!!!! This means to practices, games, tournaments, and classes.
2. Maintain your grades! We expect all girls to be working towards a B average or above in all of their classes. Players who need tutoring should do this around practice and game times. If this cannot be done, tutoring times should be cleared through your team's head coach before missing a practice.
3. All contact and communication with coaches should be face to face unless there is an emergency. No contact for absences, for tardies, for policies, etc should be made via text or email.
4. Please communicate with the head coach of your daughter's team.
5. You will not miss a practice or a match unless **previously** approved by the Coach.
6. If you miss school the day of a game (unless previously approved by the Coach), you will not play. School attendance throughout the year is something we keep tabs on.
7. You must be at a practice and/or a game to play in the following game.
8. All missed practices, games, etc. will be made up before athlete can play in the next match. Standard make up work is determined by the head coach of your daughter's team.
9. **The players, not their parents, must communicate all information about players to the coaching staff.** If a parent wishes to be present for discussions between the coach and player, they may.
10. No parent or player may approach a coach concerning conflicts about a match or practice within 24 hours of that particular match or practice. If the conflict occurs during a tournament, the conflict may not be addressed until 24 hours after the tournament is completed. The coaching staff **WILL NOT** discuss playing time with a parent.
11. Players are NOT guaranteed playing time. Players are guaranteed great coaching and quality practice time and the life changing experience of being part of a team.
12. Practice shirts will be worn to ALL practices and Volleyball events.
13. Parents are NOT allowed to participate in practice
14. Parents, friends, etc. are not allowed on the court or at the bench during a match unless they are assisting in calling lines or keeping score. In addition, parents and friends are not allowed near or on the bench before the match during pregame activities.
15. The coaching staff is responsible for players while on any away game or tournament. The players are in the coaches' care and under the coaches' authority during this time.
16. All Arlington Community School Policies will be followed and are included in this list of policies and rules.
17. Cell phones should be turned off during practices, matches, and tournaments
18. No jewelry will be worn during practices, matches, or tournaments
19. No profane comments or language
20. All players will treat all other players and staff with complete respect on and off of the court. We include in this, negative communication in the stands from parents or other players during a match, tournament, or practice.
21. Players should conduct themselves respectfully toward all Arlington High School Faculty, Staff, and Students. This includes maintaining an appropriate and respectful **image during** time on and off the court, online forums, while wearing Arlington attire, or at Arlington events.
22. Volleyball functions, camps, etc. are mandatory. If your family has plans that conflict, please make sure that your child has alternative transport to the volleyball activity.

23. All parents should contribute positively to the Arlington Volleyball program. If parent behavior is deemed detrimental to the team or to the program, coaches reserve the right to remove that parent's child from the team. This includes before, during, and after matches. This also includes conversations between parents and players, online communication, etc.
24. Parents will be required to make sure that their players have rides to all events, to assist in responsibilities pertaining to matches and tournaments, and to assist in fundraisers. It takes everyone doing a little to make sure that the season runs smoothly and efficiently.

I understand the rules listed above and the parameters of this behavior contract and agree that I can follow the above rules and parameters. I understand that if I break any of the above, I will be removed from the team.

Player Name	Signature of Player	Date
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Player Name	Signature of Parent	Date
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