

AHS Volleyball Expectations

- Respect yourself and others
- Take full responsibility
- Develop and demonstrate loyalty
- Learn to be a great communicator
- Discipline yourself so no one else has to
- Make hard work your passion
- Don't just work hard, work smart
- Put the team before yourself
- Make winning an attitude
- Be a competitor
- Change is a must
- Handle success like you handle failure

As a high school athlete, I understand the expectations above and promise to do my best to fulfill them. Additionally, I understand that it is MY responsibility and not the responsibility of my parents to make sure that I fulfill all expectations set forth by my coaches and team.

I understand that I have not been promised any playing time and any time I am on the court, it is because I have earned it through hard work, dedication, and performance. Period.

Athlete Signature

Date

Parents: As a parent of an AHS volleyball player, I understand that it is my daughter's responsibility to make sure that she abides by the expectations above.

Parent Signature

Date

